

ISD Connection

The Official Newsletter of the International Society of Dermatology Vol. 9, No. 2 • Summer 2015

ISD Member Makes **Volunteerism a Family Affair**



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PRESIDENT'S MESSAGE

SHARING ISD'S SECRETS

Disclosure: I happen to be the current and 15th President of the International Society of Dermatology (ISD). Prior to this stint, I served as Secretary-General for almost four years. I must confess, initially, I was anxious and almost scared. I was aware of the challenges. What if I do not deliver!



Learning the proper approach to be at the

helm of an international organization was overwhelming and humbling. With nearly 2,000 members/colleagues around the world -- from many different cultures and backgrounds -- there were certainly challenges to contend with. Now, after about 600 days in office, it is indeed gratifying to know that my anxiety and fear are unfounded. I slowly recognized why.

Secrets revealed:

- 1. ISD has a wonderful support system. The Executive Committee members always give a helping hand to each other. We mentor and encourage each other; ideas are welcome with much respect. The members of the board of directors equally bear the same attitude with zest. We are ruled by the common goal of propagating "Dermatology without Borders".
- 2. Education has always been the mainstay of our existence. We particularly focus on the young dermatologists as we become instrumental in fulfilling their dreams to be mentored by renowned experts in their field of interest. The mentors are equally happy

and excited to share with mentees their knowledge and experience. To date, we have more than 70 global awardees completing their mentorship program since it started in 2006.

- 3. The *International Journal of Dermatology* has been an avenue for learning and publication, especially for rare cases from around the world. With over 2,500 submissions a year, it is but poignant to say that only 13% are accepted, so one can see the quality of research deserving to be read.
- 4. We have "superstars" in our midst. Consummate leaders, top book writers, great speakers...they enrich our lives and we treasure them very much. Just turn around and most of the people you see shining are ISD mentors, members, colleagues. But equally important are our "rising stars" -- our young dermatologists who have been helped and are now serving in our committees as observers. In fact, some of our former mentees are now mentors themselves. Wonderful to receive and give back.

Continue to support ISD and you will discover more secrets along the way. You will be glad you did!

Mabuhay!

Euragine & Hande

Evangeline B. Handog, MD

ISD President

ISD Web Site -- Bolder and Better!

Under the direction of the ISD Communications Committee, the ISD web site now has a bold new look -- complete with many user-friendly functions to make it easier for members to navigate to find the information they need.

For example, the Climate Change Resource Library is now updated and allows members to search the collection by topic, author and dates. Currently, there are 200 entries in this impressive collection. ISD Climate Change Co-Chair Dr. Louise Kronborg Andersen (Denmark) worked closely with ISD staff member Kristen Welsh to implement this valuable web site addition.

Communications Committee member Dr. Roberto Pascual (Philippines) spearheaded the redesign of the web site project with ongoing input from the committee. Dr. Pascual and fellow committee member Dr. Mary Thomas (India) also will now serve as co-editors of the ISD Facebook page.



The ISD Communications Committee gathered at the AAD Annual Meeting in San Francisco in March 2015 and pictured here at the World Congress of Dermatology in Vancouver in June 2015. From left to right, seated: Cindy Froehlich (US) ISD Executive Director, Dr. Dedee Murrell (Australia/UK) Communications Committee Chair, Dr. Wilma Bergfeld (US) and Dr. Branka Marinovic (Croatia). From left to right, standing: Dr. Nejib Doss (Tunisia), Dr. Nellie Konnikov (US/Russia) ISD Secretary-General, Dr. Esperanza Welsh (Mexico) ISD Connection Assistant Editor and Dr. Mary Thomas (India). Not pictured: Dr. Maria Juliet Macarayo (Philippines), ISD Connection Editor-in-Chief and Dr. Roberto Pascual (Philippines), ISD Webmaster.



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Cindy Froehlich (United States) Executive Director

FROM THE SECRETARY-GENERAL

Dear Friends.

It's hard to believe that the first six months of 2015 are already gone. So many events took place, and each left an essential mark in the world of dermatology. In addition to ISD regional meetings in India and Kazakhstan, our members actively participated as speakers, chairs and co-chairs at the World Congress of



Dermatology in Vancouver, Canada. The highlight of our sister society meeting's full audience session was the Maria Duran lecture presented by Dr. Stephan I. Katz.

Our next destination is the much-anticipated 4th International Summer Academy of Practical Dermatology in Munich, Germany, July 28 - August 1, 2015. I am sure that after you check out the meticulously planned state-of-the-art scientific program, it will excite and motivate you to join us in Munich -- not only for education, but also for local Bavarian cultural events and time to socialize.

In addition to my central responsibility to provide you -- ISD members -- with updates on the everyday life of our society, it's imperative to share information with you on a regular basis about current and upcoming professional activities in the world of dermatology. So, with great pride, I share with you the creation of a new dermatologic society on the African continent.

At the World Congress of Dermatology in Vancouver and after being planned for several years, the African Society of Dermatology and Venereology (ASDV) was created! It was conceived as a democratic society with members from every country in Africa. Interim officers and board members were chosen, and plans are underway to hold the first ASDV Congress in Nigeria in June 2016. It would be great to show support for this group during its early years, when there is the greatest need.

Together, let us welcome diversity and maintain cooperation, mutual respect and understanding of all dermatologists around the world.

Sincerely yours,

Nollie Kameler, M.D.

Nellie Konnikov, MD Secretary-General, International Society of Dermatology Under the Patronage of

H. H. Sheikh Hamdan Bin Rashid Al Maktoum

Deputy Ruler of Dubai, Minister of Finance

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5 Continental Congress of Dermatology





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Members Share Love of ISD at AAD 2015 Annual Meeting in San Francisco

More than 200 ISD members and friends of ISD gathered for the Society's annual reception held March 23, 2015, at the AAD Annual Meeting in San Francisco. While guests mingled and enjoyed the company of their colleagues from all corners of the world, ISD bestowed a number of honors.

Maria Duran Medalist Dr. Margarita Larralde (Argentina) was honored at the reception for her dedicated work in pediatric and neonatal dermatology. A well recognized dermatologist throughout the world, Dr. Larralde is a true example of a professional woman dedicated to dermatology.

Dr. Larralde created the specialist career in pediatric dermatology at the Ramos Mejia Hospital in Buenos Aires, having trained dozens of specialists since 1994. She is the head of dermatology at the German Hospital and Professor of Dermatology at the University of Buenos Aires. She has served as president of the Argentina Society of Dermatology and the Latin American Society for Pediatric Dermatology. Currently, she is an ISD Board member, the Editor-in-Chief of the Latin American Pediatric Dermatology journal and an Advisory Board member for the Journal of Pediatric Dermatology and the Archives of Dermatology.



In addition, Dr. Roderick J. Hay (UK) was awarded Honorary Membership in ISD (see related story on page 14). Honorary Membership is reserved for distinguished persons who have achieved prominence in the field of dermatology and have made fundamental contributions to tropical dermatology and the Society. Dr. Hay joins only two other Honorary Members awarded by ISD over the years -- Dr. Vincent Cipollaro and Blanca Lilia Lesmes de Duran.

Another highlight was the ceremonial "pinning" of ISD members with 10 or more years of continuous membership. The special pins are distributed at ISD events and worn with pride by all who qualify for this honorable recognition. Nearly 230 ISD members have received this special recognition pin over the past decade.



From left to right: Dr. Margarita Larralde is presented with the Maria Duran medal from Maria Duran Committee Chair Dr. Antonella Tosti and Co-Chair Dr. Mercedes Florez-White.



ISD Honorary Member Dr. Roderick Hay



ISD President Dr. Evangeline Handog (left) is honored with the ISD's new pin recognizing long-term membership. ISD Executive Vice President Dr. Jean Bolognia (right) bestowed Dr. Handog with the first pin during the ceremonial pinning.



ISD long-term membership recognition pin



From left to right: Drs. Margot Whitfeld (Australia), Arnold Oranje (NL), Tabi Leslie (UK), Adam Harris (Australia) and Nancy Todes Taylor (US)



From left to right: Dr. Antoanella Calame (Romania), Dr. Elizabeth Houshmand (US) and Mrs. Dowlati (Iran)



From left to right: Drs. Rosalina Nadela, Angela Lavadia, Ma. Teresita Gabriel and Gina Banate (all from the Philippines)



Dr. Yahya Dowlati (second from right) and Mrs. Dowlati (left), both of Iran, relish the company of good friends.



Dr. Diane Lagda (right) spends time with fellow ISD colleagues.



ISD members enjoy camaraderie at the evening's festivities.



From left to right: ISD International Mentorship Committee members: Drs. Angela Lavadia, Rashmi Sarkar (Co-Chair), Martin Kassir (Chair), Adebola Ogunbiyi, ISD Executive Director Cindy Froehlich, and Luis GM Castro



4th CCD Congress President Dr. Rosalina Nadela (right) and PDS Vice-President Dr. Angela Lavadia (left) present ISD President Dr. Evangeline Handog (center) with a check representing ISD's share from the successful 2014 CCD held in Manila.



From left to right: ISD Executive Committee members Drs. Dedee Murrell, Marcia Ramos-e-Silva, Jean Bolognia, Nellie Konnikov and Evangeline Handog



ISD Chair of Communications Dr. Dedee Murrell and ISD Chair of Mentorship Dr. Martin Kassir at the board meeting



ISD Secretary-General Dr. Nellie Konnikov

ISD Mentorship Program Educates and Inspires

ISD Mentorship in Bangkok Focuses on Lasers and Cosmetic Dermatology

Since ISD mentorship awardee Dr. Vijay P. Zawar of India did not learn laser procedures during his residency program, he was thrilled with the chance to participate in a training program through the ISD Mentorship Program in the vibrant city of Bangkok, Thailand. He studied at King Chulalongkorn Memorial University Hospital, under the guidance of mentor Prof. Pravit Asawanonda who planned Dr. Zawar's comprehensive program in lasers and dermatosurgery.

There, Dr. Zawar closely observed various laser machines and procedures being performed, as well as common dermatosurgical procedures. Cases included acne and post-acne scars, pigment disorders such as Hori's nevus, freckles, seborrheic keratoses, solar lentigenes, vascular lesions, aging skin, striaedistensae and many other benign facial lesions being treated with an array of laser machines available at the department. PDL was also a new therapy that Dr. Zawar was excited to see.

In addition, he learned how to perform common cosmetic procedures, such as Botox and fillers, and attended immunology clinics with Prof. Pawinee where he observed a range of autoimmune and collagen disorders.

Despite the language barrier, Dr. Zawar credits the many helpful postgraduates, nursing staff and faculty who helped him effectively overcome this obstacle. He enjoyed spending his downtime exploring Buddha temples, the grand palace, famous malls and markets, the Chao Prayariver and the lush green beauty of the Thailand interior.

ISD Member's Mentorship in Dermatopathology Proves Invaluable

Traveling 3,000 miles from his home in Ethiopia to Bern, Switzerland, ISD mentorship awardee Dr. Workalemahu Belachew found his three-month training in dermatopathology under the direction of mentor Dr. Helmut Beltrameneli to be well worth the trip.

Today, at the Ayder University Hospital in Ethiopia where he has been serving for several years, he is one of only a handful of dermatologists with no single dermatopathologist to cover the northern region of Ethiopia (which is as wide as the country of Austria). The training Dr. Belachew received courtesy of the ISD Mentorship Program not only equipped him with important skills necessary for diagnosing common dermatological diseases in daily practice, but it also enabled him to acquire advanced insights useful for his teaching and patient care endeavors.

Dr. Belachew is grateful to the ISD for this experience and Dr. Beltrameneli, whose professionalism and hospitality made his stay remarkably fruitful.

Dr. Zawar is grateful to the ISD for selecting him for this prestigious mentorship program and describes his experience as one of the memorable periods in his life. He appreciates the hard work of Dr. Asawanonda for arranging such a wonderful, gratifying experience in Bangkok.

"Prof. Asawanonda and other faculty members were very helpful in coordinating my training in every aspect I desired. He was a kind and caring mentor."

- Dr. Vijay Zawar

ISD members interested in participating in the ISD Mentorship Program can apply online at www.intsocderm.org. The application deadline is October 15, 2015, for funding the following year.



Dr. Vijay Zawar (in white) with his mentor, Prof. Pravit Asawanonda

"I believe the mentorship program enhanced my professional service with much spillover effects."

- Dr. Workalemahu Belachew



Dr. Workalemahu Belachew (left, in lab coat) with his mentor, Dr. Helmut Beltrameneli



ISD Member Brings Dermatology to Those in Need in Fiji

For most moms and daughters, outings together usually entail trips to the mall or movie theatre, but ISD member Dr. Susan P. Detwiler of San Diego, Calif., USA, had higher aspirations for her mother-daughter bonding time. Which is why she arranged for her daughter to travel 5,000 miles with her to remote island villages in Fiji for a volunteer mission that involved providing needed dermatologic care to the locals there as part of the Loloma Foundation.

Here, Dr. Detwiler shares her experience in Fiji and the impact it had on her daughter.

Describe how you first decided to participate in a service mission. At that time, did you want to volunteer with your daughter, or how did that come about?

Linda Kwasny captured my imagination with her descriptions of the mission trips she runs as Project Coordinator for the Loloma Foundation (lolomafoundation.org). Linda convinced me that I did not have to be an expert in tropical medicine in order to volunteer. She also said that communication is not a problem because Fijians learn English as a second language.

Fortunately, there was space for my 13-year-old daughter, Laura. Since she is uncommonly young, they vetted her carefully to make sure she would work hard. I welcomed this opportunity for us to focus on an important, mutual goal.

I wanted Laura to get a sense of what I do as a physician when I am gone all day. It is increasingly difficult for young people to see what it's like to be a doctor.

Why did you partner with the Loloma Foundation for your service mission?

The Loloma Foundation is run by experienced people who have an alliance with the medical school in Fiji. The Foundation takes care of the logistics so the medical teams can focus on delivering care.

What appealed to you about traveling to Fiji to provide dermatologic care to the villagers there?

The idea of traveling by boat to a different island every day and setting up clinic in a community center, in a school classroom, or outdoors under a thatched roof was intriguing. The remoteness was appealing. The magnitude of the need made it irresistible.

So off we went. My daughter and I joined the Loloma Foundation's medical team to care for the people of the remote Yasawa Islands on the northwest side of Fiji. Our island base at the Navutu Stars Resort was a 4.5 hour ferry ride from Nadi Airport. Taking a boat and walking through the water to lug our supplies ashore onto a different island every day, we provided

a large portion of the medical care and medications these villagers get all year. The medical team saw 1,222 patients in 5 long, hot days in January 2015. We spent half a day at each village or school, which required moving our clinic at lunchtime. The 9-person medical team was composed of 3 internists, 1 pediatrician, 1 women's health nurse and her husband, 1 dermatologist (me), a human resources manager who organized the clinic and pharmacy, and Laura who did patient intake and helped run the pharmacy.

What were some of the most common dermatologic conditions you saw, and what type of treatments did you provide?

Superficial fungal infections (especially tinea versicolor, tinea corporis, and tinea faciei), furuncles, and traumatic wounds were the most common dermatologic conditions I saw. Tinea in its various forms was very frequent. It was often widespread on the body and cosmetically bothersome to patients. I treated the fungal infections with topical antifungals or sometimes orally. To patients with furuncles we recommended warm compresses, gave oral cephalexin when appropriate, and/or performed incision and drainage when feasible. Traumatic wounds were often on the feet because the people step on objects as they walk barefoot or in flip flops. We applied basic first aid to wounds. I surgically removed irritated or disfiguring skin tags, warts, and nevi.

I also saw people with kava dermopathy, an ichthyosiform condition discussed in a recent article by Hannam et al (*Int. J. Dermatol. 2014*; 53: 1490-1494) caused by frequent drinking of a psychoactive beverage made from the root of the *Piper methysticum* pepper plant in the Pacific Islands.

Although I am a dermatopathologist, I did not do any biopsies. There is no local pathology laboratory or way to notify patients of pathology results.

Describe a few of the challenges villagers face to get medical care.

The Fijian government provides 1 doctor and about 3 nurses for 3,000 people in the Nacula Medical Area of the Yasawa Islands. The doctor and nurses provide as much care as they can, including delivering babies and giving antibiotics. Each nurse receives 6 tubes of permethrin cream per quarter, and no topical antifungals. They do not have most of the over-the-counter and prescription medications we take for granted. Pharmaceuticals and hospital care are available on the mainland, which is over 4 hours away by boat and is not accessed for most problems.

Once you left Fiji, what options were there for continued care for the villagers?

Options for ongoing care for chronic medical problems are limited.

We screened patients to refer for surgery later in the spring when the Loloma Foundation surgical teams come to Taveuni Hospital, on Taveuni Island, on the other side of Fiji. The Foundation has worked out a process for transporting those patients for surgery. Dermatologists can also volunteer in the clinic at Taveuni Hospital.

What will you remember most about your service mission? How has this experience influenced your daughter?

It took me way too long to figure out that a quick raising and lowering of the eyebrows by the villagers means "yes." A jerk of the head up and to the side means "no."

One day, the tide receded so much that we waded out to sea for 2 miles to reach our boat -- carrying all our clinic supplies. That was a surprise after our longest clinic day.

I remember the Fijians' friendly smiles, warm personalities, and happiness despite the difficulties of life in this visual paradise with no electricity and little fresh water. I remember the sound of their *a capella* singing in church on Sunday, the bland texture of breadfruit, the untouched beauty of the islands, the snorkeling, and wishing I could do more to help these appreciative people.

This mission had a big impact on Laura. She was closer to the patients and to the doctors' conversations than she could ever hope to be in the United States. She overcame her sensitivity to dinner talk about pus, blood, and tooth extractions. When she got back to school, she found herself thinking, "What is the purpose of what I am doing now? How can I help someone?"

Are you planning any future service missions with your daughter?

We look forward to going again next year!

What would you say to your fellow ISD members who may be considering a similar service mission?

If the idea of doing a service mission intrigues you, just get out there and volunteer abroad. You can make a difference. There could be a role for a family member, too. Making time in your schedule may be more feasible than you think at first. The intangible personal rewards are well worth it.

Dr. Detwiler's daughter noticed that there were no working computers in the schools or villages they visited and wanted to do something to help. So she is planning to bring computers to give to schools and villages in the Yasawa Islands and in other areas of Fiji through a coordinated donation effort. If you would like to donate an iPad to schools in Fiji, please email susandetwiler@sbcglobal.net.



Laura and Dr. Susan Detwiler



Dr. Detwiler (right) performing a minor surgical procedure on a patient in the Yasawa Islands



Laura (right) doing intake with local villagers



Laura and Yageta village children

ISD Hosts Sister Society Meeting at World Congress of Dermatology in Vancouver

The ISD held its annual Sister Society Meeting at the 23rd World Congress of Dermatology (WCD) June 8, 2015, in Vancouver. Program Director Dr. Lawrence Gibson (US) organized more than a dozen interesting lectures from dermatologists around the world -- with topics ranging from contact dermatitis to tropical diseases from abroad.

The highlight of the day was the presentation of the 2015 Maria Duran Award. This year's recipient was Dr. Stephen I. Katz (US), a true leader and worldwide authority in dermatology. Dr. Katz serves as the director of the National Institute of Arthritis and Musculoskeletal and Skin Diseases Institute and is a senior investigator at the dermatology branch of the National Cancer Institute. This recognition was a very special moment for him, since he personally knew Dr. Maria Duran who spent time at the NIH labs under his guidance. After receiving the award, he lectured on new research findings and treatments for several skin diseases -- including Marfan's syndrome and epidermolysis bullosa -- and also presented new information on the effect of gut flora and obesity.

In addition, two 2015 Maria Duran Fellows were recognized during the meeting as potential future female leaders in international dermatology. Dr. Azin Ayatollahi (Iran) presented her research "Comparing the allergic reaction of the anti hairloss lotions with paraben preservatives with the allergic reaction of the paraben-free preservative lotions", and Dr. Diane Lagda (Philippines) delivered her presentation "Lumps and Pits: A case of ulcerated erythema nodosum leprosum treated with prednisone and clofazimine."

After the awards were presented, Dr. Ricardo Galimberti (Argentina) invited everyone to attend the XII International Congress of Dermatology to be held in April 2017 in Buenos Aires, Argentina. It will be another great opportunity to meet and share with colleagues and friends from around the world and also enjoy all the fun and excitement that Buenos Aires has to offer.



From left to right: ISD President Dr. Evangeline Handog, 2015 Maria Duran Lecturer Dr. Stephen I. Katz, ISD Secretary-General Dr. Nellie Konnikov and ISD Connection Associate Editor Dr. Esperanza Welsh

ISD Salutes 5 Global Education Award Recipients

The ISD proudly offers a limited number of scholarships to ISD members who are residents or young dermatologists to attend the WCD. This year, five Global Education Award recipients traveled to Vancouver to participate in the ISD Sister Society Meeting at the 23rd WCD and present their research.

- **Dr. Oludolapo Katibi (Nigeria)** -- Spectrum of Pediatric Skin Diseases: Implications for Education of Healthcare Providers in an HIV Endemic Setting
- Dr. Lakshmi Kartha (India) -- Role of Iron Deficiency in Diffuse Hair Loss (Female Pattern Hair Loss and Chronic Telogen Effluvium) in Women
- **Dr. Leopoldo Santos (Brazil)** -- Histopathologic findings in dermatomyositis of the scalp
- Dr. Gitesh Sawatkar (India) -- Uncommon presentation of Hansen disease: A Case Series
- Dr. Sheena Sy (Philippines) -- Treatment of Morphea (Localized Scleroderma) with Narrow Band UVB: A Case Series



From left to right: Dr. Azin Ayatollahi, Dr. Esperanza Welsh and Dr. Diane Lagda



From left to right: AAD Scholarship winner Dr. Laura McGevna (US) with AAD World Congress Task Force and ISD Communications committee member Dr. Branka Marinovic (Croatia)



ISD leadership honors Global Education Award recipients, from left to right: ISD Treasurer Dr. George Reizner (US), ISD Vice President Dr. Lawrence Gibson (US), Global Education Award recipients Dr. Oludolapo Katibi (Nigeria), Dr. Sheena Sy (Philippines), Dr. Leopoldo Santos (Brazil), Dr. Lakshmi Kartha (India), and Dr. Gitesh Sawatkar (India), ISD President Dr. Evangeline Handog (Philippines), and ISD Secretary-General Dr. Nellie Konnikov (US/Russia).



Best of International Society of Dermatology (IJD) speakers, from left to right: Dr. Ken Tomecki (US), Dr. David Mehregan (US), IJD Editor-in-Chief Dr. Rokea el-Azhary (US), Dr. Lawrence Gibson (US), and Dr. Mark Cappel (US).



Dr. Ricardo Galimberti, President of the ISD's International Congress of Dermatology 2017 in Buenos Aires, Argentina



From left to right: Dr. Pavel Chernyshov (Ukraine), Dr. Leopoldo Santos (Brazil), Dr. Terence Ryan (UK), Dr. Evangeline Handog (Philippines), Dr. Lakshmi Kartha (India), Mrs. Tomecki and Dr. Ken Tomecki (US)



From left to right: AAD World Congress Scholarship winner Dr. Monica Li (Canada) with AAD World Congress Chair Dr. Dedee Murrell (Australia/UK)



Dr. Stephen Katz (US)



From left to right: Dr. Evangeline Handog and Dr. Nellie Konnikov



Pilot Program Brings Dermatology Training to General Physicians in India

An interview with ISD Member Dr. Sarvajnamurthy Aradhya Sacchidanand, President of the Nelamangala Model Training Program, Bangalore, India

Can you describe the Community Dermatology program being piloted in a suburb of Bangalore?

The community dermatology program has two verticals -- the physician training and public education.

The physician-centric activity being piloted at Nelamangala is a one-year training of the general practitioners on common skin diseases using self-learning modules and case-based workshops. This training program (named Nelamangala Model) is accredited by the Karnataka Medical Council, India, and will end this August. Subsequently, we plan to offer the training online, so as to reach general practitioners across India. In addition, we are also building a referral network.

What is the status of basic dermatologic care in some remote parts of India? What do you think are missing in this care and what are the ramifications of this?

As per the published data, 70% of people live in villages of India (the population of India being 1.21 billion). And 80% of dermatologists (approximately a total of 7,500 currently in India) practice in urban areas. This leads to a skewed ratio of very few dermatologists for a majority of the Indian population who live in rural areas. So, most people in India see the general practitioner or registered medical practitioners for their dermatological needs.

The undergraduate dermatology training in India is restricted to few lectures and 15 day internship. This leaves the general practitioners with very little knowledge about dermatology; resulting in ineffective, improper and erratic disease management. This not only leads to treatment complications but also masking of the primary disease; hence, prolongation of treatment causing physical, psychological, social and financial burden.

Though dermatologists are trying to reach rural areas by conducting treatment camps, it is not possible to reach all areas and populations.

How is the Project funded, and how is it managed?

The project is being financially supported, so far, by the Indian Medical Association, Nelamangala Branch.

Does the program include preventive skin care and basic skin hygiene?

Yes, the population-centric (i.e., public education initiative of Community Dermatology Society) includes school health education and screening camps, and skin hygiene education through a customized training module.

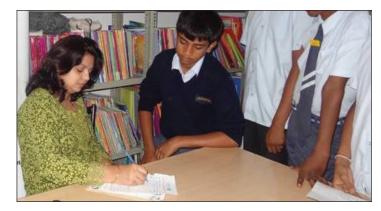
What skin conditions are most common in India? Do you expect the Community Dermatology program to help family practitioners address these conditions and provide the needed care?

Skin infections, infestations and eczemas are the most common dermatological conditions encountered in India. The training modules for general practitioners aim to improve their knowledge about these common skin diseases so that they can manage these conditions more scientifically and give appropriate referrals, as and when needed.

What is the overall goal of this pilot program? How will you evaluate its success?

The overall goal of this pilot program is to provide quality dermatology consultations at the door step by trained general physicians so that the common conditions are managed better at the community level, and proper referral done when necessary.

To evaluate the success of this program, we are conducting a pre-test and post-test based on the module content. Also, at the end of the course, we are planning an assessment. Only those who achieve the minimum marks would be given the credit points.



School screening camp



Skin hygiene education

At this point, is there a way for ISD members to get involved with this program? Can they volunteer time to help educate family practitioners or donate supplies?

We would like to take this Nelamangala model of training general physicians to every nook and corner of rural India, using an online training course and teledermatology. Also, we would like to take the skin hygiene program to every school across India.

ISD members could help by donating supplies. These include bed-side dermatology tools, such as hand lens and torch, basic infrastructure for bed-side investigations, such as light microscope, glass slides, cover-slips, and reagents, etc., soaps, towels, sanitizers, nail cutters and other hygiene products, and videos/posters/handouts on skin hygiene.

What can you advise to a fellow ISD member who may be considering starting a Community Dermatology pilot program in their country?

It is important to understand the local dermatology practices and needs before starting a community dermatology program. Our program suits the situation in India.

We will be happy to give input and support to any ISD member interested in implementing a similar initiative in their country.



Launch of e-learning platform for general physician training, from left to right: Dr. Rajendra Prasad, Ms. Pooja Krishnani, Mr. Rajesh Kumar M, Dr. Thimmaraya Gowda, Dr. Prabhakar Sangolli, Dr. Neelima Sharma, Dr. Ashok Jaiswal, Dr. Vineet Kaur, Dr. Jayaprasad M, Dr. Gail Todd, Dr. Terence Ryan, Dr. Sacchidanand S, and Dr. Venkateshulu.

Community Dermatology Committee Members Tour Model Programs in India

On a recent two-week tour in India, ISD Community Dermatology Committee Co-Chair Dr. Terence Ryan (UK) and committee member Dr. Gail Todd (South Africa) had a chance to see firsthand examples of successful Community Dermatology programs at work in this country.

On their first stop, Drs. Ryan and Todd visited one of the early advocators of the Community Dermatology program, Dr. Shyam Verma in Baraoda, Gujurat. They then proceeded to a day visit with Dr. VV Pai at the Bombay Leprosy Project -- possibly one of the best examples of a single disease program demonstrating a role for Community Dermatology. From there, they traveled to the Indian Association of Leprosy's Midterm Conference on Leprosy in Hyderabad, where they were given an opportunity to present to the audience exactly what may be expected of Community Dermatology when attempting the final eradication of leprosy.

En route to Bangalore, Drs. Ryan and Todd joined the meeting on Community Dermatology focusing on Family Practice, spearheaded by Dr. Sacchidanand. Together with enthusiastic Family Practice leaders, they witnessed the launching of the Skin Hygiene Module, prepared by Dr. Vineet Kaur and colleague. Community Dermatology is now being piloted in a suburb of Bangalore and appropriately assessed before

distribution throughout India. Dr. Ryan took the opportunity to share ISD's multifaceted Community Dermatology Program, and Dr. Todd outlined the nursing developments of the program she is spearheading in South Africa.

This tour's final stop was at the Institute of Applied Dermatology in Kerala. Drs. Ryan and Todd attended a three-day conference where world experts joined with patients in discussing simplification of the program for its practice in rural communities. The Institute is now well known for its Integrated Medicine regimen for the morbidity control of elephantiasis due to filariasis. The very successful regimen is a complex combination of Ayurveda practice, yoga, herbals and biomedical components.

"As Community Dermatology is developed worldwide, it focuses on skin care for all skin conditions. Some branches will, as in Bangalore, develop classic dermatology modules; others will focus on single diseases, such as leprosy or filariasis. It can be led wholly by dermatologists or created in collaboration with other specialists, such as podiatrists."

- Dr. Terence Ryan



The ISD proudly recognizes members who are accomplishing great things and fulfilling the mission of the ISD. Congratulations to all! Here's a sampling of a few recent notables:



Dr. Jean Bolognia



Dr. Naoki Oiso

ISD Executive Vice President **Dr. Jean Bolognia** (USA) was honored by the
Dermatology Foundation with the Lifetime
Career Educator Award.

Dr. Naoki Oiso (Japan) was named the winner of a new award initiated by the ISD called "Editorial Board Reviewer of the Year". He reviewed 25 out of 25 manuscripts with an impressive turnaround time of only five days. The award consists of a year's membership in the ISD, which entitles him to a year's worth of the hard copy of the *IJD* and the ISD newsletter.

Two ISD Executive Committee members are serving as chairs of American Academy of Dermatology's (AAD) international committees and met during the recent World

Congress of Dermatology in Vancouver. **Dr. Nellie Konnikov** (US/Russia) is serving as chair of the AAD's International Affairs Committee, and **Dr. Dedee Murrell** (Australia/UK) is serving as chair of the AAD's World Congress Task Force.



Dr. Nellie Konnikov addresses the guests at the AAD's World Congress scholarship dinner in Vancouver.



Dr. Dedee Murrell (center) welcoming Dr. Oludolapo Katibi (left) and Dr. Emeka Okoro (right), both of Nigeria, to the AAD's Scholarship Dinner in San Francisco.

The Physician Training at Nelamangala and School Skin Hygiene Education in India has been selected as one of three best projects from the Asia-Pacific region by the L'Oreal International Awards for Social Responsibility in Dermatology.

ISD Awards Honorary Membership to Renowned Leader in International Health Dr. Roderick J. Hay

The ISD recently recognized the esteemed career of dermatologist Dr. Roderick J. Hay, (UK) by awarding him honorary membership in ISD during its evening reception held during the American Academy of Dermatology annual meeting in San Francisco in March. It was a well-deserved recognition of his tireless work on behalf of international dermatology.

Throughout his medical career, Dr. Hay has had a keen interest in tropical diseases. More recently, he has focused on the global burden of skin disease, neglected tropical diseases (with the production of the WHO web page on the skin signs of NTDs), and the cutaneous manifestations of HIV infection, where he led the production of the WHO guidelines on the management of HIV-associated skin diseases.

Dr. Hay also was instrumental in the formation of the International Alliance for the Control of Scabies (IACS; www.controlscabies.org) and the addition of human scabies to the WHO list of Neglected Tropical Diseases. In addition, he spearheaded the establishment of the Clinical Committee of the World Alliance for Albinism.

Dr. Hay served as chair of the International Foundation for Dermatology (<u>www.ifd.org</u>) from 2002 to 2015 and has been a strong advocate for the Regional Dermatology Training Centre in Moshi, Tanzania. His robust support of the Centre has contributed significantly to its continued success.

Along with his valued colleague and former ISD President Dr. Terence Ryan, Dr. Hay has also been an active member of the ISD's Community Dermatology committee. The very enthusiastic round of applause that followed the announcement of his honorary membership was proof of the place he holds in the hearts and minds of dermatologists from all corners of the world, many of whom have benefitted in one way or another from his quiet, but strategic, encouragement.



Dr. Roderick Hay receives his award for ISD honorary membership from Dr. Jean Bolognia and Dr. Vangee Handog.

IV Eurasian Congress of Dermatology, Cosmetology and Aesthetic Medicine Held in Kazakhstan

Three hundred participants gathered in Astana, Kazakhstan, for the IV Eurasian Congress of Dermatology, Cosmetology and Aesthetic Medicine in May 2015. Numerous invited speakers and participants representing 11 foreign countries, including the U.S., Israel, Spain, Italy, Turkey, Slovakia, France, Russian Federation, Belarus, Ukraine, and Saudi Arabia, took part in one of the most prestigious dermatological events held in Kazakhstan.

The Congress program consisted of plenary sessions, 96 formal presentations and lectures highlighting scientific and practical aspects of clinical dermatology, immunology, pediatric dermatology and public health issues. Within the framework of the Eurasian Congress, the 5th International Scientific and

Practical Conference on aesthetic dermatology was held entitled "Age Aspects of Dermatocosmetology and Dermatovenereology". In addition, three practical workshops featured the latest on injectable fillers and neurotoxins.

The highlight of the Congress was the hands-on workshop on dermatological procedures, which took place in Kazakhstan for the first time and attracted many physicians from Kazakhstan and Uzbekistan. Several young dermatologists from Kazakhstan, Uzbekistan and Belarus also presented results of their research projects and clinical cases at the "Young Scientist" forum supported by ISD.

ISD Secretary-General Dr. Nellie Konnikov (US/Russia) and ISD Treasurer Dr. George Reizner (US) participated in the Congress.



Prof. Nellie Konnikov (US/Russia) demonstrates various biopsy and suture techniques to the participants of the surgical workshop.

2015-2016 Meetings Calendar

2015 Dates

July 2015

July 28 - August 1, 2015

4th International Summer Academy of Dermatology ISD Sister Society Meeting Thursday, July 30, 5:30 p.m.

Munich, Germany Contact: isa@interplan.de Web site: http://www.isa2015.com

2016 Dates

April 2016

April 12 - 14, 2016

5th Continental Congress of Dermatology & Dubai Derma 2016

Dubai, United Arab Emirates Contact: mark.anthony@index.ae Web Site: www.dubaiderma.com

July 2016 July 28, 2016

Ethiopian Dermatology and Venereology Society 4th Annual Scientific Conference ISD Regional Meeting

Addis Ababa, Ethiopia Contact: edvsociety@gmail.com August 2016

August 11 - 14, 2016

International Congress of Tropical Dermatology ISD Regional Meeting

Colombo, Sri Lanka Web Site: http://slcd.lk/

SAVE THE DATE! April 18-22, 2017

XII International Congress of Dermatology

Sheraton Hotel & Convention Center

Buenos Aires, Argentina

Contact: icdbue2017@anajuan.com

For more information: http://icdbue2017.com.ar/



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